

# Teach your Heart with Art



Silence Series

Connecting to your authentic self  
“Inner Peace & Silence”  
through  
power of art

Manzar  
By appointment  
410.323.4305  
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## Teach your Heart with Art

Manzar has created a program in workshop format "Teach your heart with art", an exploration of contemplative and creative processes. Through a meditative, process oriented approach and exercises, participants are encouraged to discover themselves and maintain focus in the present. The program includes a lecture and hands-on teaching. To book a public or private workshop in your area, or for more information, please contact Manzar directly (email: [art@manzar.net](mailto:art@manzar.net) / phone: 410.323.4305).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

Deposit amount: \$ \_\_\_\_\_

Watermark Gallery, 100 S Charles St, suite 204, Baltimore, MD 21201